



SPRING LAWN MOWING GUIDE

7 EXPERT TIPS FOR A HEALTHIER, STRESS-FREE LAWN

From the team at PJC Organic

Why Proper Mowing Matters

Knowing how to mow grass correctly in spring can make the difference between a stressed, patchy yard and a lush, thriving landscape. Mowing isn't just about aesthetics—it directly affects the health of your grass. Every cut removes part of the blade that contains chlorophyll, the green pigment essential for photosynthesis. If done improperly, mowing can reduce your lawn's energy reserves, weaken its root system, and increase its vulnerability to drought, disease, and weeds.

This easy-to-follow guide will walk you through seven essential mowing practices to help your lawn grow greener, thicker, and stronger.



1. SET THE RIGHT MOWING HEIGHT

Start the season by mowing high to stand up matted turf. For cool-season grasses, drop to 2.5 inches for early spring to stimulate lateral growth, then gradually raise to 3.5 inches by mid-May. During hot weather, increase to 4 inches to help retain moisture and reduce stress.

Pro Tip: Always check your mower's actual height of cut (HOC). Factors like tire pressure and operator weight can affect cutting height.



2. FOLLOW THE ONE-THIRD RULE

Never remove more than one-third of the grass blade in one mowing. Cutting too much weakens turf, reduces photosynthesis, and invites weeds.

Measure Your Cut – Don't rely solely on mower settings. Measure the blade height for accuracy.



3. KEEP BLADES SHARP

Dull blades tear grass, causing ragged tips that brown and create entry points for disease. Sharpen blades after every 24 hours of mowing time for clean, precise cuts.

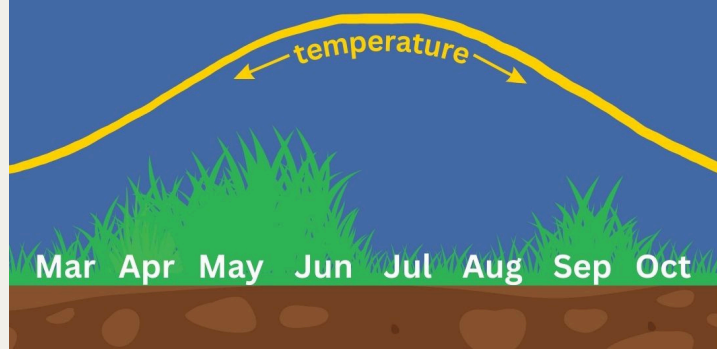
Bonus: Sharp blades reduce water loss and improve turf appearance.



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Cool Season Turf Shoot Growth



5. MOW BASED ON GROWTH

Your lawn's growth rate should dictate your mowing frequency—not the calendar.

During peak spring growth, mow once per week (or more) to maintain optimal height and avoid shock.



6. CHANGE YOUR MOWING PATTERN

Alternate your mowing direction weekly to prevent compaction and ruts. Try a rotating pattern:

- Week 1: North–South
- Week 2: East–West
- Week 3: Diagonal

This keeps turf growing upright and ensures a uniform cut.

7. LEAVE GRASS CLIPPINGS

Clippings decompose quickly and return valuable nutrients like nitrogen back to your soil. They do not cause thatch if your soil biology is healthy.

Use a mulching mower or double cut if clippings are heavy.

Contact us today for professional advice on organic lawn management, or visit our website for more tips, tools, & trusted products.

A Holistic Approach to Lawn Health

Mowing is just one part of a successful lawn care strategy. At PJC Organic, we help you combine proper practices with:

- All-natural Fertilizers
- Soil Amendments
- Soil Testing Analysis & Recommendations
- Organic Turf Care Program Development

This practical, holistic approach is the foundation of turf that thrives—without the use of harsh chemicals.